

Champions Training Centre

JUNE 2011 NEWSLETTER

WELCOME

AS WE CONTINUE THROUGH SPRING SCHOOL SKATERS ARE LEARNING NEW SKILLS AND STARTING TO DEVELOP THEIR NEW PROGRAMS. THIS SPRING, ONE OF THE MAIN FOCUSES WAS THE DEVELOPMENT OF THE SKATERS POWER, STRIDE AND POSTURE IN THEIR BASIC SKATING GOING IN AND OUT OF JUMPS.

MISSED SESSION LINE PROCEDURE

IF YOU ARE GOING TO BE AWAY, PLEASE CALL, 519-624-4532 & REMEMBER TO PRESS # 2. THIS IS VERY IMPORTANT AS THIS IS THE ONLY WAY THE COACHES WILL KNOW THAT YOU ARE NOT ATTENDING THE SESSION BUT THAT YOU ARE SAFE! BY DOING THIS YOU WILL NOT BE CHARGED FOR THE LESSON. **EVEN IF YOUR COACH IS AWARE OF THE ABSENCE, PLEASE ALSO LEAVE A MESSAGE ON THE MISSED SESSION LINE.** MANY OF YOU LEAVE A MESSAGE, HOWEVER FORGET TO PRESS # 2 AND THEREFORE THE COACHES DO NOT RECEIVE IT! PLEASE DO NOT CALL BETWEEN 11:30PM AND 5:00AM.

REMINDER NOTICE

IF YOU ARE IN NEED OF SPEAKING WITH A COACH, PLEASE WAIT UNTIL THEY ARE FINISHED THE SESSION OR ARE ON A BREAK. THE OTHER OPTION IS TO INTERRUPT THEM DURING YOUR CHILD'S LESSON. IF YOUR INQUIRY IS AN OFFICE MATTER, PLEASE CONTACT THE OFFICE BETWEEN 9:00AM AND 2:00PM, MONDAY TO THURSDAY! THANK YOU FOR YOUR CO-OPERATION.

ICE SURFACE ENTRANCE

PLEASE REMEMBER THAT ONCE THE SKATER STEPS ONTO THE ICE, WE ASK THAT THEY DO NOT LEAVE THE ICE SURFACE UNLESS THEY HAVE PERMISSION FROM THEIR BASE COACH OR ONE OF THE COACHES ON DUTY. WE WOULD APPRECIATE IF PARENTS WOULD WAIT UNTIL THE END OF THE SESSION WHEN THE SKATERS LEAVE THE ICE BEFORE THEY COME TO SPEAK TO THEIR CHILD.

SKATERS AND COACHES NEWS

IT WAS GREAT TO SEE HANNAH MACDONALD BACK ON THE ICE!!!

SUMMER FORMS ARE NOW PAST DUE! IF YOU HAVE NOT ALREADY HANDED IN YOUR FORM, AND ARE PLANNING ON DOING SO, PLEASE FORWARD IT TO CTC ASAP. SUMMER CONFIRMATION FORMS AND LESSON AGREEMENTS WILL BE SENT OUT SHORTLY MEDICAL FORMS AS WELL AS WAIVER FORMS HAVE BEEN EMAILED OUT TO ALL SKATERS. IF YOU DID NOT RECEIVE A COPY OF THIS EMAIL, PLEASE CONTACT THE CTC OFFICE. THEY ARE NOW DUE!

WE WOULD LIKE TO WELCOME SOME SKATERS TO OUR CENTRE. KATIE BUDD FROM DETROIT IS NOW SKATING WITH ALEXANDER SHELDRIK AND MADELYN DUNLEY FROM THE MILTON CENTRE IS NOW SKATING WITH WESLEY KILLING.

IF YOU ARE WISHING TO HAVE YOUR COMPETITION OUTFIT MADE THROUGH THE SCHOOL, PLEASE CONTACT YOUR BASE COACH. SKATERS: NOW THAT WE ARE IN THE SPRING AND SUMMER MONTHS, IT IS ESPECIALLY IMPORTANT THAT SKATES BE TAKEN OUT OF THE SKATE BAG EVERY EVENING TO LET THE INSIDE AND SOLES DRY OUT COMPLETELY. THIS WILL HELP PREVENT DETERIORATION OF THE BOOTS. ALSO PLEASE REMEMBER NOT TO STORE SKATES IN SKATE BAGS WITH GUARDS ON THE BLADES. THE QUILTED OR PADDED BLADE COVERS ARE MUCH MORE SUITABLE.

WE WOULD LIKE TO WISH ALL OF THE SKATERS THAT HAVE DECIDED TO MOVE ON FROM THE PRESTON FSC COMMUNITY THE BEST OF LUCK WITH YOUR NEW ENDEAVORS.

SUMMER SIZZLE ENTRY FORMS ARE NOW DUE.

FOR THE SUMMER SEMINAR MRS PURDY WILL BE THE INSTRUCTOR. IF YOU HAVE NOT ALREADY SIGNED UP FOR THE JULY 4/5 SEMINAR BUT ARE INTERESTED, PLEASE CONTACT THE CTC OFFICE. THIS SEMINAR IS AVAILBLE TO JUNIOR BRONZE AND HIGHER SKATERS.

FALL SCHOOL APPLICATION FORMS WILL BE MAILED OUT SHORTLY!

IMPORTANT DATES

- JUNE 27, 2011 MAKE UP FOR MONDAY MAY 23RD
- JUNE 28, 2011 MAKE UP FOR SATURDAY MAY 21ST
- JUNE 29, 2011 TENTATIVE TEST DAY
- JUNE 30 – JULY 3, 2011 NO SKATING

- JULY 4, 2011 FIRST DAY OF SUMMER SKATING
- JULY 22, 2011 PEPPLER
- JULY 27, 2011 TENTATIVE SUMMER TEST DAY
- JULY 28 – 31, 2011 INDY PAIR COMPETITION
- AUG 5 – 7, 2011 SUMMER SIZZLE COMPETITION
- AUG 11 – 14, 2011 THORNHILL COMPETITION

MAKING CHANGES TO SKATERS SCHEDULES

CTC DOES NOT GIVE REFUNDS EXCEPT IN THE CASE OF APPROVED MEDICAL WITHDRAW. NO REFUNDS FOR RETIRED SKATERS. WITHDRAWAL FROM THE PROGRAM DOES NOT REMOVE THE OBLIGATION TO HONOUR POST-DATED CHEQUES. PROGRAM CHANGES ARE TO BE REQUESTED IN WRITING. EMAILS ARE NOT PERMITTED, AS BASE COACH IS REQUIRED TO SIGN TO VERIFY APPROVAL OF THIS CHANGE. THERE IS A \$15.00 PROCESSING FEE FOR CHANGES ONCE THE INVOICE HAS BEEN PROCESSED. CREDITS OR REFUNDS FOR MEDICAL REASONS WILL BE ISSUED UPON RECEIPT OF A MEDICAL DOCTOR'S NOTE, ON A PRO-RATED BASIS.

PRESTON FSC NEWS

FUNDRAISER: THE PRESTON FSC IS STILL COLLECTING ZEHRS TAPES. ANY TIME YOU GO TO ZEHRS, PLEASE BRING YOUR RECEIPTS TO THE COACHES DRESSING ROOM @ THE HESPELER ARENA. THESE ZEHRS RECEIPTS CAN BE FROM ANYWHERE... IE: GUELPH, KITCHENER, WATERLOO, BRANTFORD OR CAMBRIDGE.

THE PRESTON FSC AGM IS GOING TO BE HELD ON TUESDAY JUNE 7, 2011 @ 7:30PM. IT WILL AT THE PRESTON AUDITORIUM. ALL PRESTON MEMBERS THAT ARE IN GOOD STANDING WITH THE CLUB ARE WELCOME TO ATTEND!

TEST DAY INFORMATION

IF YOU CHILD IS NOT HOME CLUB PRESTON, THEN A TEST PERMISSION FORM WILL BE REQUIRED.

USUALLY A FORM IS ONLY PERMITTED FOR ONE SCHOOL OR SEASON {DEPENDING ON THE HOME CLUBS RULES}.

PLEASE MAKE SURE YOU HAVE A CURRENT TEST PERMISSION FORM AT THE CTC OFFICE.

SPRING TEST DAY(S) ARE TENTATIVELY PLANNED FOR: JUNE 29, 2011. ONCE THE FINAL TEST LIST IS ANNOUNCED FOR EACH TEST DAY, THE SKATERS WILL RECEIVE AN ENVELOPE FROM THE COACH THAT HAS SUBMITTED THE TEST. THIS ENVELOPE IS DUE BACK INTO THE TEST BOX (LOCATED IN THE COACHES DRESSING ROOM, HESPELER ARENA) ONE WEEK BEFORE TEST DAY. PLEASE MAKE SURE YOU FILL OUT ALL OF THE REQUESTED INFORMATION IE: SKATE CANADA NUMBER.

COMPETITION NEWS

THORNHILL FORMS WILL BE AVAILABLE SHORTLY.

PRO-SHOP

AT THE CTC OFFICE WE OFFER A NUMBER OF SKATING SUPPLIES! IF YOU REQUIRE TIGHTS, LACES – WHITE OR BLACK, CLEAR SKATE TAPE, BLADE COVERS, TWISTERS, SKATE GUARDS OR GEL PADS YOU CAN PURCHASE THEM FROM US. IT'S VERY EASY – JUST PHONE 519-622-8551, PLACE YOUR ORDER AND WE WILL BRING IT TO THE HESPELER ARENA FOR YOU!

THOUGHT FOR THE MONTH

“HABIT STARTS OUT AS A THREAD. AS NEW THREADS ARE ADDED, IT BECOMES A ROPE WE CANNOT BREAK”