

Champions Training Centre

OCTOBER 2006 NEWSLETTER

WELCOME

WELCOME TO THE OCTOBER EDITION OF THE CHAMPIONS TRAINING CENTRE NEWSLETTER! THE WEATHER IS STARTING TO GET COLD OUTSIDE, SO REMEMBER TO DRESS PROPERLY FOR THE ARENAS!

MISSED SESSION LINE PROCEDURE

EACH MONTH WE ARE GOING TO EMPHASIZE THE IMPORTANCE OF CALLING THE CORRECT MISSED SESSION LINE, 519- 624-4532 & REMEMBER TO PRESS # 2. THIS IS VERY IMPORTANT AS THIS IS THE ONLY WAY THE COACHES WILL KNOW THAT YOU ARE NOT ATTENDING THE SESSION BUT THAT YOU ARE SAFE! BY DOING THIS YOU WILL NOT BE CHARGED FOR THE LESSON. MANY OF YOU LEAVE A MESSAGE, HOWEVER FORGET TO PRESS # 2 AND THEREFORE THE COACHES DO NOT RECEIVE IT!

SKATERS AND COACHES NEWS

WINTER SCHOOL CONFIRMATION FORMS HAVE BEEN SENT OUT. PLEASE READ THE COVERING LETTER AS IT HAS SOME IMPORTANT INFORMATION ON IT.

LAURA BEECRAFT, ONE OF OUR LONG TIME SKATERS, HAS JOINED THE VARSITY SKATING TEAM AT THE UNIVERSITY OF WATERLOO. LAURA IS STARTING A HEAVY SCIENCE COURSE THIS SEASON.

REMINDER: AS OF OCTOBER 10, 2006 – IF YOU HAVE NOT PAID FOR YOUR SKATE CANADA MEMBERSHIP, YOU WILL NOT BE ALLOWED ON THE ICE. IF YOU ARE HOME CLUB PRESTON, YOU HAVE ALREADY BEEN REGISTERED, BUT NOW IT IS TIME TO PAY SKATE CANADA!

ON OCTOBER 30, 2006, THERE WILL BE A TEAM MEETING FOR THE PRE-PRELIMINARY TO PRELIMINARY LEVEL SKATERS AT 6:45PM IN THE PRESTON AUDITORIUM BOARD ROOM. ALL SKATERS AND PARENTS SHOULD ATTEND. THIS MEETING WILL TAKE PLACE INSTEAD OF THE MONDAY OFF-ICE CLASS.

OCTOBER IS GOING TO BE A BUSY MONTH. PLEASE MAKE SURE YOU MARK THESE "IMPORTANT DATES" ON YOUR CALENDAR. THERE IS GOING TO BE A SECTIONAL CLUB SIMULATION ON WEDNESDAY OCTOBER 4TH. IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR SCHOOL THAT YOU WILL BE AWAY!

HAVE YOU EVER HEARD OF THE THREE "T'S"? TUCK IT IN, TIE IT UP (THE HAIR) AND TIDY. TRY TO REMEMBER THESE 3 "T'S" WHEN YOU ARE ON THE GENERAL SESSIONS!

OCTOBER 10TH 2006 IS THE MAKE-UP SESSION FOR THANKSGIVING MONDAY. THEREFORE ON TUESDAY OCTOBER 10TH, WE WILL BE FOLLOWING MONDAY OCTOBER 9TH SCHEDULE.

CONGRATULATIONS NICHOLAS FOR BEING ASKED TO BE PART OF THE WO SECTION SKATE SASKATOON TEAM! NICHOLAS CAME 5TH AT THIS COMPETITION. GREAT JOB!

IN SEPTEMBER WE HOSTED THREE COMPETITIVE TEST DAYS. CONGRATULATIONS TO THE SKATERS – THERE WAS SOME GREAT SKATING!

WE ARE EXCITED TO ANNOUNCE THAT MRS JAMIESON IS GOING TO BE A GRANDMA! CONGRATULATIONS!!!

MR DEMPSTER (ERIN AND IAN'S GRANDFATHER) FELL ILL AT THE BEGINNING OF SEPTEMBER. WE HOPE HE HAS A SPEEDY RECOVERY!

WE REALLY DO HOPE THAT CAROLYN MCCAULEY'S RIGHT LEG SOON STARTS GROWING. SHE'S SKATING ON QUITE A SLANT THESE DAYS!!

NOW THAT THE COMPETITIVE SKATERS ARE IN THEIR BUSY TIME WITH COMPETITIONS, PLEASE MAKE SURE YOU SET GOALS. FOR ALL SKATERS IT IS IMPORTANT TO SET MONTHLY, WEEKLY AND DAILY GOALS!

TO THE COMPETITIVE SKATERS: GREAT JOB ON FILLING OUT THE SECTIONAL APPLICATION FORMS, THEY WERE VERY WELL DONE! THIS IS ONE OF THE BIGGEST TEAMS WE HAVE HAD IN SOME TIME! CONGRATULATIONS!

CONGRATULATIONS CAROLYN MCEWEN! SHE IS LEAVING CAMBRIDGE AND HEADING TO CALGARY WHERE SHE WILL BE TRAINING AND COMPETING ON THE NORTH AMERICAN CIRCUIT AS THE BREAKMAN FOR A TWO-PERSON BOB SLEDDING TEAM. PLEASE KEEP IN TOUCH!

TEST DAY INFORMATION

SEPTEMBER WAS A BUSY MONTH FOR COMPETITIVE TEST DAYS. ONCE THE FINAL TEST LIST IS ANNOUNCED FOR EACH TEST DAY, THE SKATERS WILL RECEIVE AN ENVELOPE FROM THE COACH THAT HAS SUBMITTED THE TEST. THIS ENVELOPE IS DUE BACK INTO THE TEST BOX (LOCATED IN THE STORAGE ROOM IN HESPELER ARENA OR IN THE PRESTON CLUB OFFICE) ONE

WEEK BEFORE TEST DAY. PLEASE MAKE SURE YOU FILL OUT ALL OF THE REQUESTED INFORMATION IE: SKATE CANADA NUMBER.

THE RESULTS OF THE TEST DAY ARE POSTED ON THE CTC WEBSITE: WWW.CHAMPIONSTC.COM

FUTURE EVENTS

THE SECTIONAL CLUB COMPETITION WILL BE HELD IN OCTOBER 27, 28, 2006.
EVERYONE IS WELCOME TO COME AND JOIN THE SKATERS AT PRESTON AUDITORIUM.
THE SECTIONAL TEAM DINNER WILL BE HELD ON OCTOBER 29, 2006!

IMPORTANT DATES

- OCTOBER 4TH, 2006 SECTIONAL CLUB SIMULATIONS
- OCTOBER 9TH, 2006 NO SKATING, HAPPY THANKSGIVING!
- OCTOBER 11, 2006 WINTER SCHOOL STARTS
- OCTOBER 11, 2006 (TENTATIVELY) EVALUATED TEST DAY
- OCTOBER 13 – 15, 2006 OCTOBERFEST COMPETITION
- OCTOBER 20 – 21, 2006 ISABELLE HENDERSON COMPETITION
- OCTOBER 27 – 29, 2006 SECTIONAL CLUB COMPETITION
- OCTOBER 29, 2006 SECTIONAL TEAM DINNER
- OCTOBER 30, 2006 REGIONAL TEAM MEETING
- OCTOBER 31, 2006 REVISED SCHEDULE (PLEASE SEE BELOW)
- NOVEMBER 1ST, 2006 PRACTICE ICE FOR SECTIONALS AT RIM PARK, MORNING

PRESTON FSC NEWS

THE PRESTON FIGURE SKATING CLUB IS RESPONSIBLE FOR DRESSING ROOMS AND ICE CAPTAINS AT THE SUB-SECTIONAL AND SECTIONAL CHAMPIONSHIPS. THIS EVENT IS GOING TO BE HELD ON NOVEMBER 9 – 12, 2006 AT RIM. IF YOU ARE INTERESTED IN PARTICIPATING, PLEASE CONTACT THE PRESTON CLUB OFFICE AT 519-653-2252.

ONCE AGAIN, THE PRESTON CLUB WILL BE OFFERING A BURSARY TO IT'S SKATERS. MORE INFORMATION ON THE BURSARY QUALIFICATIONS AND APPLICATION FORMS WILL BE AVAILABLE ON THE WEB-SITE SHORTLY OR A HARD COPY WILL BE AVAILABLE IN THE CLUB OFFICE AT THE PRESTON AUDITORIUM.

THE PRESTON CLUB IS ALSO RESPONSIBLE FOR WEEKLY BINGOS. IN OCTOBER THEY ARE ON WEDNESDAY AFTERNOONS STARTING AT 11:30AM AND IN DECEMBER ON TUESDAY EVENINGS STARTING AT 6:30PM. IF YOU ARE INTERESTED IN ASSISTING WITH ANY OF THESE BINGOS, PLEASE CALL THE CLUB OFFICE, 519-653-2252. FOR EACH BINGO YOU DO, A CREDIT WILL APPEAR ON YOUR SKATERS ACCOUNT.

WE ARE CONTINUING TO COLLECT ZEHRS TAPES. THERE IS A BOX IN THE STORAGE ROOM @ HESPELER ARENA OR AT THE PRESTON CLUB OFFICE, PLEASE DROP YOUR ZEHRS RECEIPT TAPES THERE!

THE PRESTON FSC WILL ONCE AGAIN BE HOSTING A SKATE-A-THON. MORE INFORMATION WILL BE AVAILABE THROUGH THE PRESTON WEB-SITE SHORTLY OR AT THE PRESTON CLUB OFFICE.

THE PRESTON WEB-SITE IS: WWW.PRESTONFSC.COM.

COMPETITION NEWS

ISABELLE HENDERSON CONFIRMATIONS WILL BE MAILED OUT TO YOU. **PLEASE CALL THE CTC OFFICE WITH YOUR CONFIRMED EVENT TIME(S) AND FLIGHT NUMBER(S).**

FOR THE SUB-SECTIONAL AND SECTIONAL COMPETITION, THERE WILL BE NO OVERNIGHT ACCOMMODATIONS.

ALL COMPETITION RESULTS WILL BE POSTED ON THE CHAMPIONS TRAINING CENTRE AND PRESTON FSC WEBSITES.

PRO-SHOP

AT THE CTC OFFICE WE OFFER A NUMBER OF SKATING SUPPLIES! IF YOU REQUIRE TIGHTS, LACES – WHITE OR BLACK, CLEAR SKATE TAPE, BLADE COVERS, TWISTERS, SKATE GUARDS OR GEL PADS YOU CAN PURCHASE THEM FROM US. IT'S VERY EASY – JUST PHONE 519-622-8551, PLACE YOUR ORDER AND WE WILL BRING IT TO THE ARENA FOR YOU!

REMINDER NOTICE

IF YOU ARE IN NEED OF SPEAKING WITH A COACH, PLEASE WAIT UNTIL THEY ARE FINISHED THE SESSION OR ARE ON A BREAK. IF YOUR INQUIRY IS AN OFFICE MATTER, PLEASE CONTACT THE OFFICE BETWEEN 9:00AM AND 4:00PM, MONDAY TO THURSDAY! THANK YOU FOR YOUR CO-OPERATION.

OCTOBER 31, 2006 – REVISED SCHEDULE FOR PRESTON AUDITORIUM

3:30PM – 4:15PM – PRE-NOVICE & HIGHER GENERAL SESSION

4:15PM – 5:00PM – JUNIOR BRONZE & HIGHER GENERAL SESSION

5:10PM – 6:00PM – PRE-PRELIMINARY TO JUVENILE GENERAL SESSION

THERE ARE NO OFF-ICE CLASSES THAT DAY.

PLEASE NOTE: ALL SESSIONS AT HESPELER ARENA REMAIN THE SAME

THOUGHT FOR THE MONTH

“THERE ARE NO LIMITATIONS IF YOU BROADEN YOUR HORIZONS. IF YOU DON'T SUCCEED YOU HAVEN'T FAILED BECAUSE YOU CANNOT FAIL IF YOU 'VE TRIED YOUR HARDEST”

PARENTS CORNER

BY LINDA PURDY:

TO THE MAN IN THE ARENA

IT IS NOT THE CRITIC WHO COUNTS, NOR THE MAN WHO POINTS HOW THE STRONG MAN STUMBLED OR WHERE THE DOER OF DEEDS COULD HAVE DONE THEM BETTER. THE CREDIT BELONGS TO THE MAN WHO IS ACTUALLY IN THE ARENA; WHOSE FACE IS MARRED BY DUST AND SWEAT AND BLOOD; WHO STRIVES VALIANTLY... WHO KNOWS THE GREAT ENTHUSIASMS, THE GREAT DEVOTIONS AND SPENDS HIMSELF IN A WORTHY CAUSE; WHO, AT BEST, KNOWS THE TRIUMPH OF HIGH ACHIEVEMENT; AND WHO, AT THE WORST, IF HE FAILS, AT LEAST FAILS WHILE DARING GREATLY, SO THAT HIS PLACE SHALL NEVER BE WITH THOSE COLD AND TIMID SOULS WHO KNOW NEITHER VICTORY OR DEFEAT.

THEODORE ROOSEVELT, 1910