

Champions Training Centre

SEPTEMBER 2006 NEWSLETTER

WELCOME

WELCOME TO THE SEPTEMBER EDITION OF THE CHAMPIONS TRAINING CENTRE NEWSLETTER! CAN YOU BELIEVE WE ARE DONE THE SUMMER PROGRAM AND ARE HEADING INTO FALL SCHOOL. WE HOPE EVERYONE HAS HAD A GOOD BREAK!

MISSED SESSION LINE PROCEDURE

EACH MONTH WE ARE GOING TO EMPHASIZE THE IMPORTANCE OF CALLING THE CORRECT MISSED SESSION LINE, 519- 624-4532 & REMEMBER TO PRESS # 2. THIS IS VERY IMPORTANT AS THIS IS THE ONLY WAY THE COACHES WILL KNOW THAT YOU ARE NOT ATTENDING THE SESSION BUT THAT YOU ARE SAFE! BY DOING THIS YOU WILL NOT BE CHARGED FOR THE LESSON. MANY OF YOU LEAVE A MESSAGE, HOWEVER FORGET TO PRESS # 2 AND THEREFORE THE COACHES DO NOT RECEIVE IT!

SKATERS AND COACHES NEWS

WINTER SCHOOL FORMS ARE DUE ON SEPTEMBER 14, 2006! PLEASE MAKE AN APPOINTMENT TO SPEAK TO YOUR BASE COACH ABOUT THE BEST SCHEDULE THAT WOULD SUIT YOUR SKATER.

REMINDER: THE WAIVER FORM AND SKATE CANADA MEMBERSHIP FORMS ARE NOW PAST DUE!

ON THURSDAY AUGUST 3RD, 2006 MR JOHN BRISCOE THE TECHNICAL CONSULTANT FOR WESTERN ONTARIO SECTION VISITED OUR SCHOOL ONCE AGAIN. HE DID A MONITORING SESSION WITH EACH OF OUR COMPETITIVE SKATERS. WE HOPE THAT THE SKATERS WILL TAKE THE INFORMATION AND UTILIZE IT!

IN THE LAST COUPLE OF MONTHS, CANADIAN SKATING HAS LOST TWO GREAT MEMBERS OF ITS ASSOCIATION: DR SUSIE FRANCIS (JUDGE) AND MR COLSON (INTERNATIONAL SKATING COACH). FOR MORE INFORMATION ABOUT BOTH OF THEM, PLEASE VISIT THE SKATE CANADA WEBSITE.

GLAD TO HEAR CHRIS RICHARDSON IS OKAY AFTER HIS ACCIDENT ON THE 400 SERIES.

AUGUST WAS A BUSY MONTH WITH TWO COMPETITIONS. DID YOU MEET YOUR GOALS FOR EACH COMPETITION? WHAT ARE THE NEXT GOALS YOU ARE GOING TO SET? IT IS RECOMMENDED THAT YOU SET NOT ONLY GOALS FOR COMPETITIONS, BUT ALSO DAILY, WEEKLY AND MONTHLY GOALS!

GREAT TO SEE IAN BEHARRY BACK ON THE ICE!

WE WOULD LIKE TO THANK MRS DREWETT FOR TAKING TIME OUT OF HER BUSY SUMMER TO JOIN US IN THORNHILL ONCE AGAIN. WE GREATLY APPRECIATE ALL OF YOUR HELP AND ASSISTANCE WITH THE SKATERS!

WE WOULD LIKE TO CONGRATULATE THE FOLLOWING NEW PAIR PARTNERSHIPS: BILLY EATON AND CHELSEA CORNER.

I UNDERSTAND JORDAN AND ROB HAD A GREAT EXPERIENCE AT THE NAC IN PITTSBURGH!

ANY SKATERS THAT HAVE VOLUNTEERED TO DO DIFFERENT ACTIVITIES FOR THE CLUB AND HAVE ALREADY SPOKEN TO MISS HUSTON ABOUT USING THOSE HOURS AS "SCHOOL VOLUNTEER HOURS" ARE ASKED TO GET THE PAPERWORK INTO HER BY THE END OF SEPTEMBER. REMEMBER, IF YOU WISH TO USE THOSE HOURS AS VOLUNTEER HOURS, YOU NEED TO SPEAK TO HER BEFORE THE ACTIVITY TAKES PLACE.

ASK MRS PURDY IF BOOKS ARE WATERPROOF!

MR WHEELER HAD A VISIT WITH ONE OF THE WONDERFUL THORNHILL POLICE OFFICERS WHILE TRAVELING THE RESIDENTAL ROUTE TO THE ARENA FROM THE HOTEL.

MS McCULLOCH'S DAUGHTER WAS MARRIED THIS PAST MONTH; WE HEAR IT WAS A BEAUTIFUL WEDDING!

IF ANYONE HAS ANY EXCITING NEWS THEY WOULD LIKE TO SHARE WITH THE CTC FAMILY, PLEASE FORWARD IT TO THE CTC OFFICE BY THE 25TH OF THAT MONTH!

TEST DAY INFORMATION

FALL TEST DAYS ARE TENTATIVELY PLANNED FOR: COMPETITIVE: SEPTEMBER 20, 25, 27, 2006; EVALUATED: OCTOBER 10TH, 2006. ONCE THE FINAL TEST LIST IS ANNOUNCED FOR EACH TEST DAY, THE SKATERS WILL RECEIVE AN ENVELOPE FROM THE COACH THAT HAS SUBMITTED THE TEST. THIS ENVELOPE IS DUE BACK INTO THE TEST BOX (LOCATED IN THE STORAGE ROOM IN HESPELER ARENA OR IN THE PRESTON CLUB OFFICE) ONE WEEK BEFORE TEST DAY. PLEASE MAKE SURE YOU FILL OUT ALL OF THE REQUESTED INFORMATION IE: SKATE CANADA NUMBER.

THE RESULTS OF THE TEST DAY ARE POSTED ON THE CTC WEBSITE: WWW.CHAMPIONSTC.COM

GOLD TEST MEDALLISTS AS OF AUGUST 30, 2006

CONGRATULATIONS!

NICHOLAS VINK – GOLD DANCE

CHELSEA SAUER – GOLD FREESKATE

FUTURE EVENTS

JOHN MCKAY COMPETITION FORMS ARE NOW DUE!

THE SECTIONAL CLUB COMPETITION WILL BE HELD IN OCTOBER.

THE SECTIONAL TEAM DINNER WILL BE HELD ON OCTOBER 29, 2006!

IMPORTANT DATES

- SEPTEMBER 4TH, 2006 NO SKATING
- SEPTEMBER 14TH, 2006 WINTER SCHOOL APPLICATION FORMS DUE
- SEPT 20, OCT 10, 2006 TENTATIVE TEST DAY
- SEPT 29 – OCT 1, 2006 FALL FESTIVAL
- OCTOBER 2006, TBA SECTIONAL TEAM SIMULATIONS

PRESTON FSC NEWS

THE PRESTON FIGURE SKATING CLUB IS RESPONSIBLE FOR DRESSING ROOMS AND ICE CAPTAINS AT THE SUB-SECTIONAL AND SECTIONAL CHAMPIONSHIPS. THIS EVENT IS GOING TO BE HELD ON NOVEMBER 9 – 12, 2006 AT RIM. IF YOU ARE INTERESTED IN PARTICIPATING, PLEASE CONTACT THE PRESTON CLUB OFFICE AT 519-653-2252.

THE PRESTON CLUB IS ALSO RESPONSIBLE FOR WEEKLY BINGOS. IN SEPTEMBER THEY ARE HELD ON SUNDAY EVENINGS STARTING AT 8:30PM, IN OCTOBER ON WEDNESDAY AFTERNOONS STARTING AT 11:30AM AND IN DECEMBER ON TUESDAY EVENINGS STARTING AT 6:30PM. IF YOU ARE INTERESTED IN ASSISTING WITH ANY OF THESE BINGOS, PLEASE CALL THE CLUB OFFICE, 519-653-2252. FOR EACH BINGO YOU DO, A CREDIT WILL APPEAR ON YOUR SKATERS ACCOUNT.

WE ARE CONTINUING TO COLLECT ZEHRS TAPES. THERE IS A BOX IN THE STORAGE ROOM @ HESPELER ARENA OR AT THE PRESTON CLUB OFFICE, PLEASE DROP YOUR ZEHRS RECEIPT TAPES THERE!

THE PRESTON WEB-SITE IS: WWW.PRESTONFSC.COM.

COMPETITION NEWS

FALL FESTIVAL CONFIRMATIONS WILL BE MAILED OUT TO YOU. **PLEASE CALL THE CTC OFFICE WITH YOUR CONFIRMED EVENT TIME(S) AND FLIGHT NUMBER(S).**

OVERALL COMMENTS ABOUT THE SUMMER COMPETITIONS: SKATERS PLEASE REMEMBER TO CLEAN YOUR SKATES AND LACES.

FOR THE SUB-SECTIONAL AND SECTIONAL COMPETITION, THERE WILL BE NO OVERNIGHT ACCOMMODATIONS.

ALL COMPETITION RESULTS WILL BE POSTED ON THE CHAMPIONS TRAINING CENTRE AND PRESTON FSC WEBSITES.

PRO-SHOP

AT THE CTC OFFICE WE OFFER A NUMBER OF SKATING SUPPLIES! IF YOU REQUIRE TIGHTS, LACES – WHITE OR BLACK, CLEAR SKATE TAPE, BLADE COVERS, TWISTERS, SKATE GUARDS OR GEL PADS YOU CAN PURCHASE THEM FROM US. IT'S VERY EASY – JUST PHONE 519-622-8551, PLACE YOUR ORDER AND WE WILL BRING IT TO THE ARENA FOR YOU!

REMINDER NOTICE

TICKET ICE IS AVAILABLE AS OF SEPTEMBER 6TH, 2006. IT IS OFFERED ON MONDAY, WEDNESDAY, FRIDAY MORNINGS AT HESPELER ARENA..

SUMMER SCHOOL 2006

DURING THE SUMMER PROGRAM, CERTIFICATES ARE PRESENTED ON A WEEKLY BASIS TO SKATERS.

AWARDS OF EXCELLENCE:

THIS AWARD IS GIVEN TO SKATERS THAT HAVE DEMONSTRATED GOOD WORK HABITS DURING THAT WEEK:

WEEK # 4 – LAURA BEECRAFT, CAROLYN MCCAULEY

WEEK # 6 – BILLY EATON, JORDAN HUNT

WEEK # 7 – CHARLES MORRIS, KRISTEN TIKEL

EACH FRIDAY THE JUNIOR BRONZE AND HIGHER SKATERS ARE ASKED TO "DRESS UP" BASED ON THE THEME OF THE DAY. PRIZES ARE AWARDED TO THE "BEST DRESSED" SKATERS:

WEEK # 5 – "PAJAMA DAY" OLIVIA SCOTT, JORDAN HUNT

WEEK # 7 – "TWIN DAY" ERIN BEHARRY/JENNY PETERS; CAROLYN McEWEN/ANDREE MORIN

THOUGHT FOR THE MONTH

"IT'S THE START THAT STOPS MOST PEOPLE"

PARENTS CORNER

BY: MRS MICHELLE WHEELER

'A legacy is a shadow that stretches forward; an echo that grows louder, a memory that becomes a dream. It is a footprint that we leave, marking our journey from the past, and helping lead the next generation to the future.....'

I recently had an opportunity to attend a sports banquet in British Columbia allowing me the good fortune of crossing paths with some truly inspiring people. I immediately got caught up in the fervor of the 2010 Winter Olympic and Paralympic Games. Its spirit and positive energy was irrepressible and I felt the need to keep that momentum going.

The guest speaker for the evening was Marion Lay. She is a two-time Olympian, an elected member of the Board of Directors for the Vancouver Organizing Committee for the 2010 Olympic & Paralympic Winter Games, a member of the Executive Committee of the Canadian Olympic Committee, a founding member and past chair of the Canadian Association for the Advancement of Women and Sport and Physical Activity, a founding member of Women Sport International and president of 2010 Legacies Now.

I was impressed by Marion Lay's obvious true love for sport at all its levels and I was impressed by the ideals behind 2010 Legacies Now which are inspired by the Olympic ideals of peace through sport, fair play, and the celebration of the human spirit through athletic and artistic expression. Knowing that a dream without a plan is just a wish, 2010 Legacies Now strives to develop programs and partnerships that create platforms upon which people can stand and shine. Their hope is to open the doors of opportunity for those who wish to realize their most deeply-felt aspirations.

Though 2010 Legacies Now directly impacts the province of BC's communities by developing sustainable legacies in sport & recreation, arts, literacy, and volunteerism, I feel that the words used to define the organization are borderless, thought provoking and definitely worth sharing. These are just a few....

'Excellence comes in many forms. We celebrate them all, from personal bests to world-class achievements. From playground to podium, audience to stage, and insight to inspiration.'

'We believe passionately in the power of one to make a difference in the lives of many.'

'We believe we are all made stronger by the bonds we forge with those who share our community, our interests and our ideals. People helping people help their communities.'

'Enduring friendships, unbridled creativity, an unwavering sense of optimism--- these are our ties that bind.'

'For the love of sport. For inspiration. For education.

For community.

For everyone. Forever.'

websites of interest:

www.vancouver2010.com

www.2010LegaciesNow.com