

# Champions Training Centre

## NOVEMBER 2006 NEWSLETTER

### WELCOME

WELCOME TO THE NOVEMBER EDITION OF THE CHAMPIONS TRAINING CENTRE NEWSLETTER! THE WINTER SEASON IS UPON US; PLEASE MAKE SURE YOU WEAR PROPER ATTIRE!

### MISSED SESSION LINE PROCEDURE

***EACH MONTH WE ARE GOING TO EMPHASIZE THE IMPORTANCE OF CALLING THE CORRECT MISSED SESSION LINE, 519- 624-4532 & REMEMBER TO PRESS # 2. THIS IS VERY IMPORTANT AS THIS IS THE ONLY WAY THE COACHES WILL KNOW THAT YOU ARE NOT ATTENDING THE SESSION BUT THAT YOU ARE SAFE! BY DOING THIS YOU WILL NOT BE CHARGED FOR THE LESSON. MANY OF YOU LEAVE A MESSAGE, HOWEVER FORGET TO PRESS # 2 AND THEREFORE THE COACHES DO NOT RECEIVE IT!***

### SKATERS AND COACHES NEWS

ON OCTOBER 30, 2006, THERE WAS A REGIONAL TEAM MEETING FOR ALL THE PRE-PRELIMINARY TO PRELIMINARY SKATERS. WE WOULD LIKE TO THANK EVERYONE THAT ATTENDED THE MEETING!

ON FRIDAY NOVEMBER 17, 2006 THERE IS NO SKATING AT THE HESPELER ARENA DURING THE AFTERNOON SESSION.

ON SATURDAY NOVEMBER 18, 2006 THERE IS NO SKATING AT THE PRESTON AUDITORIUM.

MRS PURDYS MOTHER, MRS WARD JUST CELEBRATED HER 90<sup>TH</sup> BIRTHDAY.

THE JOHN MCKAY COMPETITION HAS CHANGED LOCATIONS. IT IS NOW BEING HELD IN MOORETOWN ON NOV 25<sup>TH</sup>, 2006 ONLY.

WE CURRENTLY HAVE A COUPLE OF SKATERS INJURED: JASMINE COWAN AND ASHLEIGH LAINE. WE HOPE TO SEE BOTH OF YOU BACK ON THE ICE SOON!

EXCITING NEWS!!!! ERIN BEHARRY PASSED HER DRIVER'S TEST... CONGRATULATIONS!!!!

OCTOBER WAS A BUSY MONTH FOR THE COMPETITIVE SKATERS. THE TEAM HAD THEIR CLUB COMPETITION ON FRIDAY OCTOBER 27 AND SATURDAY OCTOBER 28<sup>TH</sup>, 2006. THE COACHES WERE VERY IMPRESSED WITH THE EFFORT THE SKATERS PUT FORTH TOWARDS THEIR CLEAR ICE PROGRAMS AND THE TEAM DINNER; GREAT JOB EVERYONE!!!!

THE GUEST SPEAKER FOR THE SECTIONAL TEAM DINNER WAS MRS LIZ JONES TWOMEY. THERE HAS BEEN MUCH POSITIVE FEEDBACK FROM THIS SPEAKER! THE SKATERS AND COACHES WOULD LIKE TO THANK THE PRESTON CLUB, SPECIALLY MRS LAINE FOR PUTTING ON A WONDERFUL EVENT. THE MEAL WAS EXCELLENT!!! (ESPECIALLY THE DESSERTS!)

THE SECTIONAL TEAM HAS MET THEIR PERSONAL GOALS AND IS READY TO COMPETE AT THIS YEARS SECTIONALS CHAMPIONSHIPS HELD AT RIM PARK, NOVEMBER 9 – 12, 2006. ALL THAT HARD WORK, THOSE MILLION RUNTHRU'S, POSITIVE ATTITUDE AND DESIRE TO ACHIEVE NO MATTER WHAT, HAS YOU READY TO MEET YOUR NEXT GOAL! SKATE PROUD!! WE INVITE ALL CLUB MEMBERS TO COME AND CHEER ON OUR TEAM. THE SCHEDULE OF WHEN THE SKATERS COMPETE IS POSTED ON OUR WEB-SITE.

THE BEST EXCUSE OF THE MONTH!!!! NICHOLAS VINK'S EXCUSE FOR TAKING SO LONG TO GET ON THE ICE WHEN HE ARRIVES IN THE AFTERNOONS IS THAT HIS PANTS ARE MUCH LONGER THAN HIS BROTHERS AND THAT IS WHY HIS BROTHER ALWAYS BEATS HIM ON THE ICE.

BRITTANY MAKSYMUK HAS BEEN FIRED AS THE NEW WARMUP PAIR COACH, SINCE SHE WARMED UP LARISA & WESLEY AT THE SARNIA COMPETITION AND LARISA'S HEAD ALMOST WENT THROUGH THE CEILING.

CONGRATULATIONS TO BOTH CAROLYN MCCAULEY & ANDREE MORIN. THEY BOTH LANDED THEIR DOUBLE AXELS!!!!

BEWARE TO ALL SKATERS AND PARENTS: IN THE PAST MEDIA HAS REPORTED ABOUT SKATERS TAKING OUT SKATERS JUST BEFORE COMPETITIONS, WELL A NEW TREND IS BEING STARTED! MRS MARCIL WAS TAKEN OUT BY AN OUT OF CONTROL SKATE BAG AT A COMPETITION THIS OCTOBER. WE HOPE YOU ARE FEELING BETTER!!

WE WOULD LIKE TO CONGRATULATE THE JOVICIC FAMILY. STANISLAVA HAS A NEW BABY BROTHER!

## SECTIONAL TEAM:

**WHEN YOU SEE YOUR FELLOW TEAM PRESTON MEMBERS, REMEMBER TO WISH THEM A GREAT SKATE!**

- JUVENILE LADIES: OLIVIA SCOTT, BRITTANY SOBESKI, CLAIRA WHICHER
- JUVENILE MEN: IAN VINK
- JUVENILE PAIR: AVELINE PEARSON & MATTHEW RACO
- PRE-NOVICE LADIES: KYLA BERRY, ZOEY BROWN, JORDAN HUNT, NADIA KITCHEN, DANIELLE MOORE, AMY NEUMANN, CHELSEA SAUER, KRISTEN TIKEL
- PRE-NOVICE MEN: NICHOLAS VINK
- PRE-NOVICE PAIR: ZOEY BROWN & IAN BEHARRY, KRISTEN TIKEL & CHARLES MORRIS
- NOVICE LADIES: ERIN BEHARRY, ARIANA FATHERS, ASHLEIGH LAINE, CAROLYN MCCAULEY, ANDREE MORIN SARAH NOLAN, JENNY PETERS, MICHELLE ZILIO
- NOVICE MEN: IAN BEHARRY, CHARLES
- NOVICE PAIR: JORDAN HUNT & ROB SCHULTZ
- JUNIOR LADIES: BRITTANY MAKSYMUK
- JUNIOR MEN: ROB SCHULTZ
- JUNIOR PAIR: CHELSEA CORNER & BILLY EATON
- SENIOR LADIES: ANGIE PHILLIPS
- SENIOR PAIR: ANGIE PHILLIPS & GORD WILLEMSE

## TEST DAY INFORMATION

THE NEXT TEST DAY IS TENTATIVE SCHEDULED THE WEEK OF NOVEMBER 20<sup>TH</sup>, 2006. MORE INFORMATION TO FOLLOW. THE RESULTS OF THE TEST DAY ARE POSTED ON THE CTC WEBSITE: [WWW.CHAMPIONSTC.COM](http://WWW.CHAMPIONSTC.COM)

## FUTURE EVENTS

THE SECTIONAL CHAMPIONSHIPS BEING HELD AT RIM PARK ON NOVEMBER 9 – 12, 2006.  
EVERYONE IS WELCOME TO COME AND CHEER ON THE SKATERS.  
THE REGIONAL TEAM DINNER IS BEING HELD ON DECEMBER 8<sup>TH</sup>, 2006, KINSMEN HALL!

## IMPORTANT DATES

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| • NOVEMBER 1 <sup>ST</sup> , 2006  | PRACTICE ICE FOR SECTIONALS AT RIM PARK, MORNING |
| • NOVEMBER 9 – 12, 2006            | SECTIONAL CHAMPIONSHIPS RIM PARK                 |
| • NOVEMBER 13, 2006                | NO MORNING SESSION @ HESPELER ARENA              |
| • NOVEMBER 17 <sup>TH</sup> , 2006 | TICKET ICE IS NOW AVAILABLE                      |
| • NOVEMBER 17 <sup>TH</sup> , 2006 | NO SKATING FRIDAY AFTERNOON AT HESPELER          |
| • NOVEMBER 18 <sup>TH</sup> , 2006 | NO SKATING PRESTON AUDITORIUM                    |
| • NOVEMBER 20 – 24, 2006           | TENTATIVE SCHEDULE FOR TESTS                     |
| • NOVEMBER 20, 2006                | ICE SHOW FORMS DUE                               |
| • NOVEMBER 25 <sup>TH</sup> , 2006 | JOHN MCKAY – MOORETOWN COMPETITION               |
| • DECEMBER 1 – 3, 2006             | WESTERN CHALLENGE                                |
| • DECEMBER 8 <sup>TH</sup> , 2006  | REGIONAL TEAM DINNER, KINSMEN HALL               |

## PRESTON FSC NEWS

THE ICE SHOW APPLICATION FORMS ARE AVAILABLE SHORTLY. PLEASE MAKE SURE YOU FILL IT OUT AND FORWARD THE FORM BACK TO THE CTC OFFICE BY NOVEMBER 20, 2006.

THE PRESTON FIGURE SKATING CLUB IS RESPONSIBLE FOR DRESSING ROOMS AND ICE CAPTAINS AT THE SUB-SECTIONAL AND SECTIONAL CHAMPIONSHIPS. THIS EVENT IS GOING TO BE HELD ON NOVEMBER 9 – 12, 2006 AT RIM. IF YOU ARE INTERESTED IN PARTICIPATING, PLEASE CONTACT THE PRESTON CLUB OFFICE AT 519-653-2252.

THE PRESTON SKATING CLUB IS OFFERING THE MACMILLANS FUNDRAISER. FORMS ARE NOW AVAILABLE PLEASE VISIT THE PRESTON CLUB OFFICE.

ONCE AGAIN, THE PRESTON CLUB WILL BE OFFERING A BURSARY TO ITS SKATERS. FOR MORE INFORMATION ON THE BURSARY QUALIFICATIONS AND APPLICATION FORMS PLEASE VISIT THE PRESTON WEBSITE.

THE PRESTON SKATING CLUB WILL BE DOING ONE – SHOP AND SUPPORT CARD FUNDRAISER IN NOVEMBER. PLEASE KEEP LOOKING FOR THIS INFORMATION.

WE ARE CONTINUING TO COLLECT ZEHRS TAPES. THERE IS A BOX IN THE STORAGE ROOM @ HESPELER ARENA OR AT THE PRESTON CLUB OFFICE, PLEASE DROP YOUR ZEHRS RECEIPT TAPES THERE!

THE PRESTON FSC WILL ONCE AGAIN BE HOSTING A SKATE-A-THON. THIS EVENT WILL BE HELD ON JANUARY 27, 2006. MORE INFORMATION IS AVAILABLE ON THE PRESTON WEB-SITE SHORTLY OR AT THE PRESTON CLUB OFFICE.

THE PRESTON WEB-SITE IS: [WWW.PRESTONFSC.COM](http://WWW.PRESTONFSC.COM).

### COMPETITION NEWS

JOHN MCKAY CONFIRMATIONS WILL BE MAILED OUT TO YOU. **PLEASE CALL THE CTC OFFICE WITH YOUR CONFIRMED EVENT TIME(S) AND FLIGHT NUMBER(S).**

ALL COMPETITION RESULTS WILL BE POSTED ON THE CHAMPIONS TRAINING CENTRE AND PRESTON FSC WEBSITES.

### PRO-SHOP

AT THE CTC OFFICE WE OFFER A NUMBER OF SKATING SUPPLIES! IF YOU REQUIRE TIGHTS, LACES – WHITE OR BLACK, CLEAR SKATE TAPE, BLADE COVERS, TWISTERS, SKATE GUARDS OR GEL PADS YOU CAN PURCHASE THEM FROM US. IT'S VERY EASY – JUST PHONE 519-622-8551, PLACE YOUR ORDER AND WE WILL BRING IT TO THE ARENA FOR YOU!

### REMINDER NOTICE

CHRISTMAS BREAK: MANY PARENTS ARE INQUIRING AS TO WHEN WE SKATE OVER THE CHRISTMAS HOLIDAYS. LISTED BELOW IS AN OVERVIEW OF THE SKATERS SCHEDULE:

|   |  |
|---|--|
| LAST DAY OF REGULAR SESSIONS:   | FRIDAY DECEMBER 22, 2006                                       |
| PRESTON CHRISTMAS PARTY:  | SATURDAY DECEMBER 23, 2006, 1:00PM – 3:00PM, PRESTON AUD       |
| NO SKATING:   | FROM DECEMBER 24 TO & INCLUDING JANUARY 1 <sup>ST</sup> , 2007 |
| SKATING RESUMES FOR ALL LEVELS:   | TUESDAY JANUARY 2, 2007  |
| (PLEASE NOTE: NATIONAL TEAM WILL BE SKATING DURING DEC 26 – DEC 30 <sup>TH</sup> – TBA) |  |

### THOUGHT FOR THE MONTH

“THE GREATEST OF FAULTS, I SHOULD SAY, IS TO BE CONSCIOUS OF NONE”

### PARENTS CORNER

WRITTEN BY MS CAROL WHEELER

A GUIDING LIGHT FOR THE YEAR AHEAD

AS YOU GO THROUGH THE DAYS OF THE YEAR AHEAD, BUSY WITH ALL THE RESPONSIBILITIES THE WORLD HAS PLACED UPON YOU, REMEMBER TO KEEP THE TRULY SPECIAL THINGS IN MIND.

KEEP THINGS IN PERSPECTIVE: WORK, PLAY, LEARNING, LIVING. HAVE HAPPINESS AS A PART OF YOUR PRIORITIES! BE CREATIVE AND AWARE AND WONDERFULLY ALIVE. AND ALWAYS REMEMBER WHERE TO FIND YOUR SMILE.

NEW JOURNEYS AWAIT YOU IN THE COMING YEAR. DECISIONS LIE AHEAD, WONDERING WHAT YOU WILL DO, WHERE YOU WILL GO, HOW YOU WILL CHOOSE WHEN THE CHOICES ARE YOURS. WORK FOR THE ABILITY TO CHOOSE WISELY, TO PROSPER, TO SUCCEED. LET THE ROADS THAT YOU TRAVEL TAKE YOU TO BEAUTIFUL PLACES, AND HAVE THE FAITH IT TAKES TO ACHIEVE AND ASPIRE.

I HOPE YOUR TOMORROWS TAKE YOU TO THE SUMMIT OF YOUR GOALS, AND YOUR JOYS TAKE YOU EVEN HIGHER.

--BY DOUGLAS PAGELS